

### **Parcels To POW's**

Parcels may be sent to prisoners of war only with a label issued by the Prisoner of War Information Bureau, Office of the Provost Marshal General, here. That bureau sends a package label to the next of kin every 60 days, without request. The label is transferrable, but no package may be sent without one.

Contents of the package must be listed on Post Office Form No. 2966 at the time of mailing. If that form is not available at the local post office the contents may be listed on plain paper and attached to the package. No postage is required.

The package must not exceed 11 pounds gross weight, or be larger than 18 inches in length or 42 inches in length and girth combined.

Do not send hidden messages. Such a practice may adversely affect the prisoner, and it jeopardizes the whole program of relief, to prisoners. No printed matter or tobacco may be included. Instructions for sending tobacco and books will be carried near the end of this article).

### **NO PACKAGES TO JAPAN**

No packages may be sent to prisoners held by the Japanese. The U. S. Government is making every effort to change that situation and if and when it is changed the next of kin of prisoners will be notified promptly by the Prisoner of War Information Bureau.

It should be stressed that each American prisoner of war receives an 11-pound package of food once a week thru the Red Cross, and anything sent from home is over and above a prisoner's minimum requirements.

The following items may be included:

Clothing—socks, garters, belts, shorts, regular Army or Navy shirts, Army or Navy (not pink) slacks, underwear, handkerchiefs, mufflers, light sweaters, shoes, laces, slippers, bathrobes, pajamas, nightgowns and suspenders.

### **ITALY BANS CARDS**

Toilet articles—washing powder, soap, towels, wash cloths, tooth powder in non-metallic containers, tooth brushes, scrubbing brushes, non-metallic combs, non-metallic hairbrushes, clothing brushes, safety razor, blades, shaving brushes, talcum powder (in non-metallic containers), styptic pencils, shaving soap cakes and powder, small mirrors.

Sports and games—playing cards (except to Italy), checkers, chess, cribbage, table-tennis sets, softballs, baseballs, footballs, baseball or softball gloves.

Smoking accessories—tobacco pouches, pipes, cigaret holders (except paper), cigaret cases (non-metallic).

Miscellaneous—chewing gum, shoe polish in tins, toothpicks, nail clippers, wallets, pocketbooks, mending kits (no scissors), sewing kits, non-metallic buttons, hair clippers, vitamin tablets in cardboard containers.

## **PROCESSED FOODS**

Food—processed American or Swiss cheese wrapped in cellophane, dried prunes, raisins, apricots, peaches and apples in one-pound or 1/2-pound cellophane packages, dried soups in cellophane bags, cereals of the farina or cream-of-wheat type (cardboard containers), cereals of the whole-grain variety such as oatmeal (cardboard containers), biscuits or crackers (one pound in cardboard containers), bouillon cubes (Vi pound), sweet chocolate in bars (one pound), rice (one pound in cellophane or other transparent paper packages), dried skim milk in one or 1/2-pound cellophane bags.

Nuts—only pecans, Brazil nuts, or peanuts in shell or salted (cellophane), plain or chocolate powdered malted milk in press-in top tins or boxes or in cellophane bags not in excess of one pound, malted-milk tablets in cellophane bags or cardboard boxes not in excess of 500 tablets, dried noodles, macaroni or spaghetti in cardboard boxes, dried (chipped) beef wrapped in clear wax paper or cellophane not in excess of one pound, coffee in plain bags not in excess of one pound, tea bulk (loose) in ¼ or ½ -pound bags or cardboard boxes, cocoa in press-in top cans or cellophane bags not in excess of ½ pound, sugar in paper bags or cardboard boxes not in excess of one pound.

Women's articles—wool hose, safety pins, small mirror, ribbon, hair nets and pins, knitting needles (non-metallic) and yarn, crochet needles (non-metallic) and thread, elastic, blouses, skirts, dresses, toilet articles in non-metallic containers, cleansing tissues, camphor ice (cardboard containers), sanitary supplies for feminine hygiene, orange sticks.

## **THESE ITEMS BARRED**

DO NOT include any of these items:

Food of any type except as specifically listed above; medical supplies of any type except vitamin tablets in cardboard containers; articles in glass containers; articles in hermetically, vacuum or soldered sealed tins; articles in collapsible tin tubes such as shaving cream or toothpaste; written or printed matter of any kind; nail files; playing cards for prisoners held in Italy; any shirts other than regulation khaki-colored shirts for Army or Navy prisoners in Italy; leather wind-breakers.

Tobacco and books may be sent by individuals if mailed direct by the manufacturer or publisher. For tobacco shipments the Prisoners of War Information Bureau supplies special label to next of kin. The labels, properly addressed, must be sent to the tobacco company together with the order specifying the kind of cigarets, cigars, smoking or chewing tobacco, and a postal money order.

The companies, which are selling their products at cost, will mail them direct to the prisoner.

## **CO-OPERATING COMPANIES**

Addresses of some of the companies and their cigarets include:  
R. J. Reynolds Tobacco Co., Winston Salem